

**Common sense reminder and disclaimer:**

You're responsible for your health and wellbeing. No one else can be.

You have the power to choose wisely. Your level of accuracy using the techniques taught by Dr. Janet Orion is entirely determined by your own effort, clarity and skill in learning and mastering the concepts and the steps. You and you alone are responsible for the outcomes of your choices for health and wellbeing. Please take all necessary actions to ensure that you are making good decisions for yourself. The information and the skills shared in this introduction are for educational purposes only. These techniques are not intended to diagnose or treat any disease, nor are they a substitute for sound, prudent, medical examinations, lab work, diagnosis and/or treatment. Always seek competent medical assistance for any health problems you may be experiencing or problems you choose to avoid. The recommendations Dr. Janet Orion offers are often highly valuable to people and can facilitate quick and economical resolution of all kinds of painful problems, annoying issues and dangerous situations. However, it is up to you to determine if those recommendations are in your best interest. Second opinions are always good. Information is power. Informed consent or refusal is your responsibility. Use of my information, recommendations and/or services signifies your acceptance of this responsibility for yourself.